

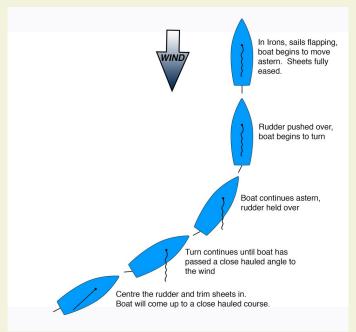
Getting Out of Irons

Your boat is "in irons" when she is trapped in the no-go zone, unable to bear away and begin sailing. The term dates from when criminals aboard old sailing ships were secured to the deck with leg-irons, unable to move.

You often get caught in irons when attempting to tack in winds near the top end of the wind range for your rig, or when moving the bow too slowly through the no-go zone.

You can escape from being in irons by doing the following:

- Ease the sheets.
- Wait until the boat begins to make sternway (move backwards).
- Push the transmitter control in the direction you want the stern to rotate. In other words control goes right to put the boat on starboard tack; control goes left if you want to come out on port tack.
- Wait for the bow to fall off until the boat is on a reach.
- Center the tiller.
- Trim in the sail. As you trim in, the boat will begin to move forward. Continue trimming in and come up to a close hauled course.



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